Subject: Re: What are some of your other wearables? Posted by Jenneke on Mon, 21 Mar 2022 20:53:53 GMT

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This one is allways on my wrist (mostly on the left, except when I wear a Gruen wristwatch, then it is on my right arm). I helps me get off hte bench, is very usefull when I give bootcamp training and I like to know how my sleep was.

## Garmin forerunner 245

## File Attachments

1) 1CC56A7E-C6E7-451F-BB3E-8171D2ECFD73.jpeg, downloaded 1528 times

